



How to Cook Quinoa

Step 1:

Rinse dry quinoa thoroughly with cold water.



Step 2:

Put 1 part quinoa to 2 parts water or broth in a saucepan.



Optional:

Add a pinch of Himalayan or sea salt. Stir to combine.



Step 3:

Bring to a boil, cover and simmer for 20 minutes.



Step 4:

When liquid is absorbed. Fluff and serve.



Source

<http://www.gimmesomeoven.com/how-to-cook-quinoa-recipe/>